

PRO-A COVID-19 Recovery Community Engagement Request

PRO-A, the statewide recovery community organization is working hard to bring our entire statewide recovery community together during this difficult time as we all struggle with the impact of the COVID-19 crisis.

We are hearing of more people resuming drug and alcohol use after a period of recovery, and people who are reentering our communities following a period of incarceration who are not making the connection to the local recovery community, treatment and recovery support services.

We need your help

We are asking you as a member of the recovery community to look out for each other and to reach out (using safe physical distancing measures) to people reentering the community following a period of incarceration.

What should you do?

- Call people you are concerned about regularly, let them know you care and recovery is the probable outcome for all of us given the proper care and support.
- Get them connected to other people in recovery in your local recovery community and form a call chain to help get them connected to your local recovery community support network.
- Let them know about drug and alcohol treatment and that they can get help now through our state of Pennsylvania Department of Drug and Alcohol Programs by <u>following this link</u>, by calling 1-800-662-Help (4357) or by contacting your local county resources <u>HERE</u>
- Let them know that there are free, on line recovery support meetings that support all pathways of recovery. For a list of on line recovery support meetings follow this link <u>HERE</u>
- Help mobilize your local recovery community to help support each other and to help engage people who
 are struggling with addiction and show them HOPE, provide them CONNECTION and let them know that
 life in recovery will lead to having a positive PURPOSE.
- Let us know what you are in your local recovery community by emailing us at proa.asst@pro-a.org so we can share on social media and show that we are a community of consequence!

We all need a sense of hope that things will get better, to be connected to people who understand recovery and purpose. Together, we will show that people like us in recovery are part of the solution.

We are a resilient community - we will come together to save lives and get through this together!

THANK YOU FOR BEING PART OF OUR COMMUNITY OF CONSEQUENCE,

William Stauffer, CADC, LSW

Executive Director

The Pennsylvania Recovery Organizations – Alliance

Web site: www.pro-a.org Twitter Feed: https://twitter.com/PARecoveryOrg

Facebook: www.facebook.com/PaRecoveryOrganizationAlliance/