

CFRS

Certified Family Recovery Specialist Training Series

(54 hours of education)

The CFRS credential has been added to the professional credentials through the PCB and is intended for adult family members or loved ones who have experienced their own journey of recovery after being impacted by a loved one's substance or alcohol use disorder. Family members of individuals who suffer from Substance Use Disorder have a unique perspective of the disease, as well as an unparalleled viewpoint of the lived recovery experience possible in families. The individual seeking this credential will assist other family members in their journey of recovery, offering recovery support services through sharing their own lived experience.

THE ADDICTION PROCESS

6 Hours | Training Specific to Substance Use Disorder

ADDICTION AND THE FAMILY

3 Hours | Family Recovery and Wellness

CRISIS INTERVENTION STRATEGIES FOR PEER PROVIDERS

3 Hours | Advocacy and Support

A COMMON VISION OF RECOVERY

6 Hours | Training Specific to Substance Use Disorder

DO YOU HEAR WHAT I HEAR:

LESSONS IN EFFECTIVE COMMUNICATION

6 Hours | Advocacy and Support

PEER-BASED RECOVERY SUPPORT SERVICES

6 Hours | Family Recovery and Wellness

FAMILY HEALING AND RECOVERY 101

6 Hours | Family Recovery and Wellness

ADVOCACY SUPPORT, AND SYSTEMS NAVIGATION

3 Hours | Advocacy and Support

SELF-CARE AND RESILIENCY BUILDING

3 Hours | Family Recovery and Wellness

CFRS SUPPORTS: FROM SURVIVING TO THRIVING

6 Hours | Family Recovery and Wellness

ETHICS AND BOUNDARIES FOR FAMILY PEER SUPPORTS

6 Hours | Professional Ethics

Confidentiality is an educational requirement for individuals to test to become a CRS. This is facilitated through the state and is not part of the PRO•A Recovery Institute Training Program.

