

Volume 23, No. 3 | 2021

Recovery Summit Twentieth Anniversary Reflection Interviews

By William Stauffer, LSW, CCS, CADC

Twenty years ago in October 2001, just a few short weeks after the September 11th attacks on our nation, recovery leaders from around the nation came together for the very first time in history. It became known as the Saint Paul Recovery Summit. It was the start of what has been called the <u>New Recovery Advocacy Movement</u> and the seeds that led to the formation of <u>Faces & Voices of Recovery</u>. As Bill White recalled in this 2013 paper, the Early Core Strategies included:

- 1. Build strong, RCOs, and advocate for meaningful representation for people in recovery and their family members on issues that affect their lives.
- 2. Assess needs related to the adequacy and quality of local treatment and recovery support services.
- **3.** Educate the public, policymakers, and service providers about the prevalence and pathways of addiction recovery.
- **4**. Develop resources and public support for addiction treatment, recovery support services, and recovery advocacy and by cultivating volunteerism within local communities of recovery.
- **5.** Create recovery community centers that make recovery visible and provide a setting for non-clinical, peer-based recovery support services, supports, and activities.
- **6.** Celebrate recovery from addiction through public events (recovery marches, rallies, concerts) that offer living proof of the transformative power of recovery.
- 7. Support research that illuminates the pathways, processes, stages, and styles of long-term personal/family recovery.

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Tobacco Free Recovery *is* Recovery – It's time to talk about it!

WORKING TOGETHER TO MAKE "RECOVERY VOICES COUNT" IN PENNSYLVANIA



Statewide Tobacco-Free Recovery Initiative Did you ever wonder why so many people in recovery from addictions smoke cigarettes? The tobacco industry has a long history of targeting us. Since the mid-20th century cigarette companies have promoted misleading ad campaigns and funded deceptive research to perpetuate myths that tobacco use plays a beneficial role within our understanding of recovery.

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Pennsylvania Recovery Organizations Alliance



Volume 23, No. 3 | 2021

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The PRO•A newsletter is a publication of the Pennsylvania Recovery Organizations Alliance. The newsletter is published four times a year and sent to recipients in the Commonwealth of Pennsylvania and surrounding states.

> Newsletters are mailed in February, May, August & November.

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PRO.A is now on FACEBOOK – "like" us at www.facebook.com/ PaRecoveryOrganizationAlliance



Recovery Summit Twentieth Anniversary Reflection Interviews

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The work they did together changed the way America thinks about recovery and how people access help and sustain recovery. Before they met, people did not come out and share their recovery publicly. As it is the twentieth anniversary, I decided to interview some of the attendees of the event and document their perspectives on how it came together, what they managed to do, what they may have missed and their thoughts for the next generation. Some common themes emerged, including the importance of unity of purpose, the emphasis on many pathways to recovery, the importance of centering the work on recovery values such as integrity, honesty, and humility. There was consensus that recovery advocates must keep their focus on recovery & self-care in the forefront. Nearly to a person, they noted that understanding our own history is vital to sustaining the work we are collectively engaged in to spread & get more Americans into recovery.

Links to the interviews conducted so far are below or can be found at <u>https://recoveryreview.blog/</u>.

Please take the time to listen to these insightful and inspiring interviews!

- Interview #1 Bill White <u>HERE</u>
- Interview #2 David Whiters <u>HERE</u>
- Interview #3 Carol McDaid HERE
- Interview #4 Ben Bass <u>HERE</u>
- Interview #5 Tom Hill <u>HERE</u>
- Interview #6 Dona Dmitrovic <u>HERE</u>
- Interview #7 Phil Valentine <u>HERE</u>
- Interview #8 Johnny Allem <u>HERE</u>
- Interview #9 Bev Haberle HERE
- Interview #10 William Cope Moyers <u>HERE</u>

References to the summit -

- State of the New Recovery Advocacy Movement Bill White (2013) HERE
- A Day Is Coming: Visions of A New Recovery Advocacy Movement Bill White (2015) <u>HERE</u>



Moving from Survive to Thrive

4th Annual Leadership in Recovery Hybrid Event The event will be both in person and virtual!

November 3, 2021

This Leadership Dinner is part of our mission to reflect on the past, while maintaining our focus on the future, and moving forward with continued work in the recovery movement.

PRO•A has served Pennsylvania's recovery community for over two decades. Moving forward in our mission, we are bringing together members of our communities, many of whom have served in a leadership role, as well as friends and colleagues from Pennsylvania's current service system and recovery community to continue recognizing the fundamental role that individuals play in the recovery movement.

The celebration will include dinner, networking, speakers, and our annual awards presentation.

Developing leaders, strengthening the voice of recovery, and elevating the message of hope are crucial aspects of increasing our recovery resources. Supporting leaders who exhibit tremendous ability to effect change and strengthen the recovery movement is crucial to our organization's role.

Together, we can and do make a difference. Please support us in our recovery mission.

Striving for lives and recovery communities living together with meaning, hope and purpose. This leadership event is focused on the theme of flourishing and advocating for every opportunity available to support all members of our community to flourish. We need to build a substance use care system that serves the needs of all our diverse communities to support long term recovery.

PURCHASE YOUR TICKETS TODAY! SEATING IS LIMITED

\$50. in person dinner | \$25. virtual attendance
For further information, to purchase advertising or tickets please contact:
Patti Baranowski, patti.b@pro-a.org or call 717 545 8929.
If paying by check, please make checks payable to PRO•A and mail to PRO•A Attention: Patti Baranowski
900 Arlington Avenue Suite 254A, Harrisburg PA 17109

You can also go online to purchase tickets electronically: https://pennsylvania-recovery-organizations---alliance.ticketleap.com/



Tobacco Free Recovery *is* Recovery – It's time to talk about it!

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Unfortunately, the messaging passed down over the years has taken its toll. For many, the vision of recovery includes smoking a cigarette while drinking a cup of coffee and having a heart to heart with a supportive peer. We failed to see nicotine as an addictive drug and the leading cause of death in the recovery community.

The basis of all recovery is hope and a belief that our current circumstances can be improved, managed, and overcome. Contrary to what may be a consensus of thought, learning tobacco-free coping skills is safe and achievable for persons pursing other addiction recovery. Please pass it on! Science has taught us that when achieving tobacco abstinence, we increase positive mood and can decrease depression, anxiety, and stress. As well we are offered an opportunity to reduce social stigma, improve self-confidence and self-image, promote long-term sobriety, and enhance physical health and quality of life.

The Pennsylvania Statewide Tobacco-Free Recovery Initiative is a partnership among state agencies, treatment providers and recovery advocates across the commonwealth to advance evidence-based recovery-oriented tobacco interventions in behavioral health services. We invite you to join us. Please help us to challenge the social norms that keeps those of us affected by substance use disorders hooked on tobacco. It's time to talk about it!

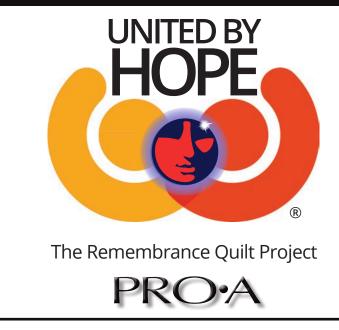
Here's what you can do:

Learn the facts -

Save the date and plan to attend the first annual STFRI *Tobacco Free Recovery is Recovery* virtual conference on October 14th, 12:00pm – 3:30pm. The keynote speaker is Dr. Judith Prochaska of Stanford University, known for her research on tobacco use for people with mental illness and other addictions. Additional presentations will be made by Dr. Dale Adair, Medical Director of PA Office of Mental Health and Substance Abuse Services, Aura Agostini, CEO of Wernersville State Hospital and Ellen DiDomenico, Deputy Secretary of PA Department of Drug and Alcohol Programs. The event is free and available to all. PRO•A will soon provide registration information.



Remembering Lives Lost



If you need assistance with putting together a quilt...

The UNITED BY HOPE project specializes in helping people make panels for the UNITED BY HOPE -The Remembrance Quilt Project through panel making workshops. To learn more about panel making or UNITED BY HOPE contact Vickie Fernandez at vickie@pro-a.org or call PRO•A at 717.545.8929.



Edge for Recovery

State College, PA

September 3 & 4,

2021

FRIDAY, SATURDAY

Over The Edge is a unique and exciting event making its way to State College, PA. This is no golf tournament – we climb down skyscrapers!

Become a real life superhero in support of the PaPSC and PRO-A by raising at least \$1000 and repelling 131 Heister Street in State College, PA on September 4, 2021. Contact us at info@overcomingtheedge.org to learn how you can be one of 96 to overcome the edge for recovery.

This event is a result of a partnership between the Pennsylvania Peer Support Coalition (PaPSC) and the Pennsylvania Recovery Organizations - Alliance (PRO -A). Collectively, they have well documented histories of organizing recovery efforts and serving as key advocacy organizations for all things peer-based in PA and across the nation. Help us kick off National Recovery Month by going over the edge for recovery! Nothing about us, without us!!!!

FOR MORE INFORMATION, CONTACT US AT

info@overcomingtheedge.org

over EDGE

BECAUSE YOU MATTER.



We are now providing services in Central Florida in Kissimmee and Osceola County.

Providing innovative Recovery Support Services to individuals and families in Adams, Cumberland, Dauphin, Franklin, Fulton, Lancaster, Lebanon, Perry and York Counties since 2001.



FOR MORE INFORMATION PLEASE CALL 717-232-8535 OR VISIT OUR WEBSITE AT WWW.RASEPROJECT.ORG



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ALLENTOWN CENTER FOR RECOVERY CENTER OF EXCELLENCE FOR OPIOID USE DISORDER CONFRONT HALFWAY HOME OF LEHIGH VALLEY HOPE CENTER KEENAN HOUSE RICHARD S. CSANDL RECOVERY HOUSE TREATMENT CONTINUUM ALTERNATIVE PROGRAM (TCAP)









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RECOVERY Music Festival

Stefanie Johnson Ban

Mak

DJ Rocky

Sunday, September 12th Noon – 5:00 pm ArtsQuest Center at SteelStacks Bethlehem, PA

A FREE MUSIC FESTIVAL to celebrate Recovery

We join together to offer hope and demonstrate vibrancy in our community's revitalization through great music, good food, fun family activities and many resources and support.



LAP

Find us on Facebook® and Instagram® @syncrecovery

REM ONE



SyncRecovery.org



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PRO A is Proud to Announce Our 4th Annual Leadership Dinner Awardees

PRO•A CHAMPIONS OF SERVICE AWARDS

PRO•A saw the value of recognizing individuals and institutions that serve the recovery community with distinction and work to keep recovery a central focus of our substance use service system. Far too often our cause gets marginalized, our people get pushed to the side and left out, even as we know that the central unifying force for recovery has been the development of recovery community and connection with lived experience voices.

All Awardees are selected through a public nomination process or the PRO•A Board after review of our service leaders and consideration of their efforts to our community and of the things that they have done over the course of their professional or volunteer lives.

> Ibn "Q" Quawee of Treatment Trends Incorporated, Lehigh County – The 2021 Individual Champion of Service Award – is for an individual working in Pennsylvania who helps save lives by engaging with them and connecting them to addiction treatment and recovery support services.

Lost Dreams Awakening of Westmoreland County – The 2021 Institution/Organization Champion of Service Award – is for a Pennsylvania organization who has provided exceptional work to support recovery efforts in a community within Pennsylvania connecting an individual and their family with treatment and resources for within our substance use service system.



The PRO•A 2021 Ambassadors of Recovery Awardee – The Ambassador of Recovery Award is an award given to a person or persons who has provided exemplary service to the recovery community and moved the objectives of our community forward, saving lives, sustaining families and healing communities.

Kim Bowman Chester County Human Services Director – the PRO•A 2021 Lifetime Service to the Recovery Community Award – For some, the work of recovery is more than a job or an avocation, it is a life calling. These remarkable individuals have changed the world through their tireless efforts over the course of their lives. This award is our highest honor, reserved for persons who have devoted their lives to serving persons with addiction, providing a positive contribution that will last for generations. We are indebted to such individuals, without which many of us would be suffering or dead, instead of living productive lives in recovery. It is our honor to be able to select one person annually who has served with such distinction over the course of decades.



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Recovery Centers of America at Devon **35** W Lancaster Ave, Devon, PA Call today: **877-375-0252**

All patients and RCA staff routinely tested for COVID-19

Please Welcome our new PRO•A team member!

Genevie Longenecker, CRS Recovery Employment Coordinator

Genevie is a Recovery Employment Coordinator representing the Lancaster, York and Adams counties area for PRO•A's Work Force Support Program. She has been in the field of drugs and alcohol for three years and has five years in recovery from substance use. Her ability to find the silver lining in any situation solidifies the gratitude she has for her entire journey in recovery: active addiction and the process of recovering. Identifying even the smallest bit of hope or motivation in a negative circumstance can be utilized as a motivator to pursue the next chapter.

Currently, Genevie attends a university in pursuit of her bachelor's degree in Forensic Psychology. A goal of hers is to focus on reducing the stigma of substance abuse in communities and to encourage individuals and their families to provide support and encouragement when faced with the possibility of a loved one dealing with substance abuse.

As a big advocate for self-care, Genevie enjoys spending time with family, friends and her dogs as well as helping her husband work on his car and motorcycles. She makes time to herself a priority and loves reading and bullet journaling. When it comes to family, Genevie takes her role as "the cool aunt" very seriously. Last year, to prove herself, Genevie accompanied a professional motorcycle racer with a 2-up ride. As a bonus this also accounts for self-care through thrill and excitement.



PROVA ENTRYVANIA RECOVERY OF MARCHANEL MARCHAN



In 2017, "8.5 million American adults suffered from both a mental health disorder and a substance use disorder, or co-occurring disorders." (SAMHSA 2021) The disease of addiction involves compulsive use of one of more substances. It's a lifestyle disease, which means that a person must change their lifestyle in order to recover. Here is the good news, recovery is possible!

What is Recovery? Recovery is defined as: "A process of change through which individuals improve their health and wellness, live a self-directed life, and strive to reach their full potential." (SAMHSA). Many Americans are doing just that!

In September we celebrate those individuals! September is National Recovery Month. The theme this year is, "Recovery is For Everyone: Every Person, Every Family, Every Community." Now in its 32nd year, Recovery Month is a celebration of individuals who have worked hard, and continue to work hard, to improve their health and wellness

Many people are living a successful, positive life in recovery. According to the documentary "Anonymous People", 23.5 Million Americans are living a life in long-term recovery from substance use disorder (2013). I see individuals thriving in recovery every single day. As a woman in long term recovery, I can say, a life in recovery is a beautiful life.

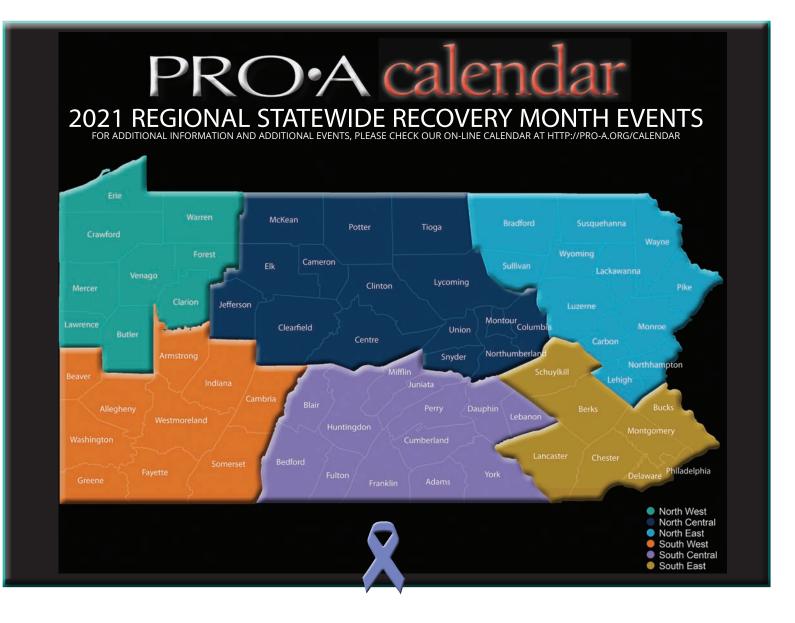
Through the continual process of Recovery, it is not only the individual who experiences the positive effects, but family, the community, and essentially everyone who interacts with the Recovering person as well. In order to maintain a life in recovery, the recovering individual must have support.

Recovery organizations are one of the ways individuals can receive that support. The RASE Project is a 501 (c) 3, non-profit, charitable organization. RASE is a *Recovery Community Organization*, which means that it is comprised entirely of staff and volunteers from the Recovery Community, and it exists to serve the Recovery Community.

The RASE Project offers many programs to assist an individual in achieving recovery. Some of these programs include, Certified Recovery Specialist Program, Men and Women's Transitional Housing Program, and Medication Assisted Recovery Services. The RASE Project is funded in part by The Partnership for Better Health and The United Way of Cumberland County.

As the Education and Advocacy Coordinator at the RASE Project, I conduct Free Educational Trainings on Recovery related topics, as well as facilitate the "In My Own Word's" Speakers Bureau. "In My Own Words" is an initiative to reduce stigma by providing stories from individuals that are in long term recovery themselves. Their message provides hope to countless individuals, families, and the community.

The RASE Project will be hosting its 9th Annual Comedy Show, with Comedian Craig Shoemaker, in Harrisburg, on September 18th, in honor of National Recovery Month. For more information, please visit www.raseproject.org or call (717) 232-8535.



National Events 2021

SEPTEMBER 30 | INTERNATIONAL RECOVERY DAY

Until now, recovery communities have been limited to uniting and celebrating recovery by holding local rallies, walks, and other events. Through the use of the Internet, we can now bridge the geographical and time zone barriers, allowing us to join all folks in recovery from all addictions, including all recovery pathways – all around the globe – all on the same day. We invite you to join our International Recovery Day community worldwide by registering on this site today. We will then send you a token by email that will allow you to launch your own virtual firework on September 30th, 2021. Later on, we will send you a reminder to go online September 30th and watch for yourself as you launch your firework into the sky – to be joined by countless others in recovery launching their own fireworks from all around the globe. Free, online event to be launched on September 30th. Join International Recovery Day, Inc. and register for this one of a kind historic event! Registration: https://internationalrecoveryday.org/registration/

For more information: Want to send us photos of Recovery Lights from your city/location or share your Recovery Story? We would love to hear from you. Send us an email to: info@internationalrecoveryday.org

Web Site: https://internationalrecoveryday.org/

SEPTEMBER 4 | 8:00 AM - 4:00 PM | UNITED IN RECOVERY | OVERCOMING THE EDGE FOR RECOVERY

Location: 131 Hiester Street, State College, PA 16801 Contact: info@overcomingtheedge.org

The PaPSC in partnership with PRO•A is launching a unique event as part of National Recovery Month. This event will serve dual purposes. First, it will help raise awareness of the important work that our organizations do to support recovery and peer services in Pennsylvania. It will also help us raise resources to help us in carrying out our missions and visions. Over The Edge is a unique and exciting event making its way to State College, PA. This is no golf tournament – we climb down skyscrapers!

SEPTEMBER 19TH | 1:00 PM | OASIS COMMUNITY RECOVERY CLUB 2ND ANNUAL RECOVERY AWARENESS WALK

Location: Downtown Shamokin

Contact: Oasis.recovery.club@gmail.com

2-mile Recovery Awareness Walk and street festival. Walk is \$25 preregistration.

SEPTEMBER 25TH | 9:00 AM | RUNNING OVER ADDICTION

Location: South Williamsport Park Complex, 545 E Central Ave, South Williamsport, PA

This will be the 6th year for this event! Running Over Addiction is held to raise funds and awareness for the West Branch Drug & Alcohol Abuse Commission, which provides services to those who live in Lycoming & Clinton counties. The Commission provides valuable prevention services as well as treatment to those who are fighting addiction.

10K will begin at 9:00 AM, 5K will begin at 9:15 AM, The Running Over Addiction 5K & 10K. Registration closes on September 22nd. It includes the following events: 5k, 10K, and Virtual 5K. For more information and to sign up:

https://runsignup.com/Race/PA/AnyCityAnyState/RunningOverAddictionHalfMarathon5k

North West Events 2021

SEPTEMBER 9 | 11:00 AM TO 2:00 PM | ERIE COUNTY RECOVERY MONTH CELEBRATION

Location: St. Paul's Church 1617 Walnut St. Erie, PA 16507

Contact: <u>Amanda.milliren@whitedeerrun.com</u>

Please join us for a day of celebrating recovery from substance use and mental health disorders. Providing free resources, lunch, stories of wellness and fellowship! ALL are welcome and the event is free of charge.

SEPTEMBER 9 | DOORS 5:45 PM, EVENT BEGINS AT 6PM | MERCER COUNTY RECOVERY CELEBRATION

Location: Buhl Farm Park Casino Ballroom, 715 Hazen Road, Hermitage, PA

Contact: Shawna K at (724) 662-1550, Ext 102

Put a little Humor in Recovery – Evening Highlight: The Kim Anglin Impact Award, Keynote Speaker-Karen Vadino (Comedian) Recovery Art Show, Recovery Countdown, Light refreshments No Cost to attend

Reservation required: Please RSVP by September 3, 2021. Hosted by the Mercer County Behavioral Health Commission and the Mercer County Overdose Prevention Workgroup

SEPTEMBER 17 | 1:00 - 3:00 PM | RECOVERY CELEBRATION - CRAWFORD COUNTY DRUG AND ALCOHOL

Contact: 814-724-4100

Our agenda for the day will begin at 1:00 with our community partners having tables of the information set up around the diamond. They will be sharing information about recovery, treatment, health, wellness, and various services provided in the area. At our 2:00 ceremony, the Crawford County Commissioners will be proclaiming September as National Recovery Month for the Meadville and Crawford County area.

SEPTEMBER 18 | 12:00 - 4:00 PM | TAG RECOVERY WALK 2021

Location: Riverfront Park, South Water Street, Kittanning, PA 16201 Recovery Speakers, Food Trucks, and other entertainment. Family friendly event that will be held to show support for the recovery community and reduce the stigma associated with substance use disorders. Event starts at 12:00 p.m. and the walk will begin at 2:00 p.m. Register - <u>HERE</u>

SEPTEMBER 18 | 9:00 AM - 12:00 PM | RACE FOR RECOVERY

Race for Recovery Benefits Proceeds benefit Gaudenzia Erie, Inc., an Erie-based non-profit organization Gaudenzia Erie, Inc. helps people affected by chemical dependency, mental illness and related conditions through comprehensive treatment and prevention. Saving Lives, Families and Communities Race For Recovery application 2021 - <u>HERE</u> Online Registration available - <u>HERE</u>

SEPTEMBER 24 | 2:00 PM – 6:30 PM | VENANGO COUNTY RECOVERY EVENT

Location: Bandstand Park, Franklin PA 16323

Contact: tdean@fscas.org

FREE Admission! An event to celebrate recovery from SUD, mental health and other inner battles where there are access to vendors with great community resource information and speakers on SUD, Mental Health, Family of those in Recovery, Youth and more. All are welcome and food will be provided!

SSP SATURDAY'S - STARTING SEPTEMBER 4 (EVERY SATURDAY) | 11:00 AM - 3:00 PM

Location: Heartwood Center, 106S. Church St. Hazelton, PA

Come Join Multiple recovery agencies (Heartwood Center, New Roots, Puck Addiction Michalene's Mission and 35 Prevent cancer Foundation) as we educate, and provide the community with tools and resources... SNACKS CPR and NARCAN TRAINING as well as HARM REDUCTION SUPPLIES

SEPTEMBER 5 | 10:00 TO NOON | "HOPE, HEALING AND RECOVERY WORSHIP

Location: 108 N. 5th Street, Allentown, PA 18102

Contact: Hillie Cousart_office@graceallentown.org

12-Step Recovery Worship Service, followed by Refreshments and Fellowship (free-will donations accepted).

SEPTEMBER 10 | DOORS OPEN AT 7 PM | "BEHIND THE MASK"

Location: Zoellner Art Center, 420 E Packer Ave, Bethlehem, PA 18015

"Behind the Mask" is Clint Malarchuk's honest look into mental illness, alcoholism and suicide awareness BBA is a nonprofit program, focusing on assisting individuals in the Greater Lehigh Valley leaving inpatient drug/alcohol treatment enter into approved sober living communities. BBA operates under the fiscal sponsorship of Humanitarian Social Innovations, a nonprofit 501(c)3. F or more information contact Emily MacGowan 610-349-5713

SEPTEMBER 12 | NOON TO 5:30 PM | RALLY IN THE VALLEY

Location: ArtsQuest/SteelStacks, 101 Founders Way Bethlehem, PA 18015

A free music festival to celebrate recovery as a community concept, Rally in the Valley brings light to the many strengths that accompany a recovering lifestyle. We join together to offer hope and demonstrate vibrancy in our community's revitalization through great music, dynamic speakers, good food, fun family activities, and many resources and support. More information at <u>https://syncrecovery.org/rally-in-the-valley/</u>Laura Waits of Sync Recovery 215-982-3658 or <u>info@syncrecovery.com</u>

SEPTEMBER 18 | 11:00 AM – 4:00 PM | 3RD ANNUAL FAMILY RECOVERY DAY - OASIS COMMUNITY CENTER

Purchase Tickets: https://www.eventbrite.com/e/family-recovery-day-30-tickets-162598918743

Location: Oasis Community Center 3410 Bath Pike Bethlehem, PA 18017 Event features live music, a potluck-style picnic, family-focused activities (e.g., face painting), Narcan training, a mock teen bedroom presented

by the Center for Humanistic Change, community resource tables, as well as tours of the OASIS Community Center.

SEPTEMBER 24 | NOON | THIRD ANNUAL KOLBE ACADEMY RECOVERY PICNIC

Location: Kolbe Academy, Bethlehem, PA

Contact: John Petruzzelli at principle@kolbe-academy.com

Event with official welcome, prayer, announcements, speakers and entertainment from 1 PM to 5 PM Food, vendors, music, raffles, special guest speakers, information tables, and a special gift. \$20 Registration

South Central Events 2021

SEPTEMBER 4 | 5:00 - 9:00 PM | THE ANNUAL RECOVERY AWARDS

Location: Deluxe Lounge & Venue, 4600 Jonestown Rd, Harrisburg, PA Contact: Recovery Institute: 717-317-3838

Please join us in our 1st Annual Recovery Awards, Honoring some of the local leaders of Harrisburg City and Dauphin County. Registration -<u>HERE</u>

SEPTEMBER 5 | NOON - 5:00 PM | RECOVERY DAY AT PEOPLES BANK PARK (YORK)

Fee: \$12—Purchase Tickets: https://www.facebook.com/YorkPartnershipforRecovery/

Location: Peoples Bank Park - 5 Brooks Robinson Way, York, PA 17401

Recovery Day at Peoples Bank Park is a fun afternoon designed to create awareness around addiction and recovery and provide an opportunity for the areas recovery community to gather. Tickets are \$12 and include a game ticket and buffet lunch. Vendor fair @12 pm. Gates Open @ 1 pm. Serenity prayer circle before the game. York Revolution game starts @ 2 pm. Registration - <u>HERE</u>

SEPTEMBER 11 | NOON – 4:00 PM | 5K RUN/WALK FOR RECOVERY - NOT ONE MORE - YORK CHAPTER

Location: John Rudy County Park, 400 Mundis Race Road, York, PA 17406

Proceeds from this event will help Not One More – York Chapter fulfill its mission to provide support and resources to those struggling with addiction and to raise awareness and provide education on the substance abuse epidemic we face in our community. Registration - <u>HERE</u>

SEPTEMBER 18 | 5:00 PM – 9:00 PM | RASE PROJECT – RECOVERY COMEDY SHOW

Location: Best Western, 800 East Park Drive Harrisburg, PA 17111 Contact: Angelica Fiore-Torres angelica@raseproject.org Tickets Available - HERE

Tickets \$35-37. At the 2021 event, we will be hosting a dinner, and comedian Craig Shoemaker will be performing. This consciousness-raising event is to be held at the Best Western Premier in Harrisburg, PA.

September 21 | 10:00 am – 1:00 pm | Courage to Change - Recovery Advocacy Day

This annual event aims to raise awareness of substance use conditions, celebrates individuals in recovery, and acknowledges the work of prevention, treatment, and recovery support services.

Location: PA State Capitol 501 N 3rd St., Room: Front Steps, Harrisburg, PA 17120 For more information link - HERE

Contact: Brittney McCarthy, <u>bmccarthy@pacounties.org</u>

SEPTEMBER 23 | 9:30 AM – 3:00 PM | RECOVERY DAY (DAUPHIN COUNTY WALK)

Location: Lower Level – Center Court Harrisburg Mall, 3501 Paxton Street, Harrisburg PA 17111 Contact: 717-780-6288 for more information Meet at Macy's at 9 AM to register there is no cost for the event

SEPTEMBER 25 | 11:00 AM – 3:00 PM | 7TH ANNUAL RECOVERY DAY EVENT

Location: Reservoir Park,100 Concert Drive Harrisburg PA 17103. Contact: Frances Lavender, flavender3226@comcast.net or call 717-571-1344. The Dauphin County Systems of Care Community Partners Coalition, in coordination with Dauphin County's Drug & Alcohol Services, and the Recovery Community, invites you to join us for our 7th Annual RECOVERY DAY EVENT

SEPTEMBER 25 | 11:00 AM – 3:00 PM | RECOVERY MONTH WRAP-UP CELEBRATION

Location: Reservoir Park (Pennsylvania), Harrisburg Hosted By: Dauphin County Drug & Alcohol Services Join us for our wrap-up celebration event at Reservoir Park in Harrisburg! This month we have been celebrating individuals in recovery and helping to raise awareness and reduce stigma. The event will be fun for the whole family with games, food, and fun! Including volleyball tournaments, live performances, and local entertainment! You will not want to miss this celebration event! In partnership with @Herointhefight!

SEPTEMBER 26 | 11:00 AM | FAITH DELIVERANCE CHURCH OF JESUS CHRIST WILL BE **CELEBRATING RECOVERY MONTH**

Location: 1121 S. 17th Street, Harrisburg, PA 17104. Contact: Minister Frances Lavender, flavender3226@comcast.net or call 717.571.1344. Theme: 'WE DO RECOVER'

South West Events 2021

TBD | PROCLAMATION READING TO CLAIM SEPTEMBER AS NATIONAL RECOVERY MONTH

Contact: Tim Phillips at <u>Tphillips@co.westmoreland.pa.us</u> Westmoreland Overdose Taskforce and County Commissioner will officially proclaim September National Month.

SEPTEMBER 1 | LIGHTING OF THE CAPITOL DOME

Location: 2 N. Main St. Greensburg, PA 15601 Contact: Tim Phillips at Tphillips@co.westmoreland.pa.us The County Courthouse will be lit up PURPLE for the whole Month of September!

SEPTEMBER 2 | 9:00 AM | FALL GARDEN AND PRE-HARVEST EVENT

Contact: Janet Ward/ Melissa Terrell Email Address: info@btccenterinc.com

Location: 7239 Race Street, Pittsburgh, PA 15208

Participants will have the opportunity to partner with an experienced gardener and receive education. Education will allow participants to gain firsthand experience with seedlings, urban gardening and garden planning, the option of building better food options, and the understanding of lifelong health choices.

SEPTEMBER 11 | 9:00 AM – 1:00 PM | PITTSBURGH RECOVERY WALK - INSTITUTE FOR RESEARCH, EDUCATION AND TRAINING IN ADDICTIONS (IRETA)

Location: 1201 Waterfront Place, Pittsburgh, PA 15222

Contact: info@pghrecoverywalk.org

Annual gathering and parade celebrating all pathways of recovery from addiction and those who travel them. It also aims to dispel stigma and recognize recovery as a positive force in our community. There will be live music, storytellers, prominent speakers, kids activities, a marching band, a huge parade, and over 40 community groups in attendance. This event is free. Registration is encouraged but not required. More information and registration - HERE

SEPTEMBER 16 | 11:30 AM | SAGE'S ARMY RIBBON CUTTING

A Grand Re-opening of Sage's Army Greensburg Recovery Center Location: 6044 Lincoln Highway, Suite 400, Greensburg, PA 15601 Contact: Adam Beers at <u>adam@sagesarmy.com</u>

SEPTEMBER 18 | 8:00 AM – 4:30 PM | 2021 ANNUAL JP RECOVERY FOUNDATION GOLF OUTING

Location: Black Hawk Golf Course, 644 Blackhawk Rd, Beaver Falls, PA The 15th Annual JP Recovery F und Golf Outing will be held September 18, 2021 at Blackhawk Golf Course! We hope to see you there! Hello! This year is the 15th Annual JP Recovery Fund Golf Outing: https://golftourney.com/golftournaments/2021-annual-jp-recovery-fund-golf-outing/

SEPTEMBER 18 | NOON - 5:00 PM | SAGE'S ARMY 2ND ANNUAL COMMUNITY PICNIC

Location: Twin Lakes Park – Pavilion #5. Greensburg, PA

Contact: Caitlin Jacobs at <u>caitlin@sagesarmy.com</u>

A picnic event for individuals and family members involved in our services. Sage's Army will provide food, games, music – 50/50 raffles. This event is not open to the general public.

SEPTEMBER 18 | 11:00 AM - 4:00 PM | RECOVERY WALK - TAG - THE ADVOCACY GROUP

Location: Riverfront Park South Water Street, Kittanning, PA 16201 Annual Recovery Walk. Gather at 11 AM. Guest Speaker at 12 PM. The walk starts at 1:00 PM. Afterparty at Recovery Capital 4-7 PM

SEPTEMBER 18 | NOON – 4:00 PM | BREAKING DOWN THE BOARDERS (TRI-COUNTY TAG RECOVERY WALK)

Location: Riverfront Park South Water Street Kittanning, PA 16201 Contact: Bonnie D. at <u>theadvocacygroup2021@gmail.com</u> or 724-954-7347 Free event. T-shirts available for \$10.00 CONTACT: <u>theadvocacygroup2021@gmail.com</u>

SEPTEMBER 23 | 6:30 – 8:30 PM | CELEBRATE RECOVERY

Location: Hope Center, 807 Ligonier St, Latrobe, PA Contact: Jessica Baker info@hopeinlatrobe.org PHONE: 844-764-HOPE(4673) Every Thursday evening from 6:30-8:30pm Free and free childcare is provided. A safe place to find hope, help, and healing for life>s hurts, habits, and hang-ups. Childcare Provided

SEPTEMBER 25 | 11:00 AM – 6:00 PM | BREAKING DOWN THE BOARDERS (TRI-COUNTY RECOVERY RALLY)

Location: United Youth Baseball Field, Seward, PA

A recovery-focused event uniting recovery communities from Cambria, Indiana, and Westmorland Counties. National Recovery Speakers, Live Music, Food Vendors, Softball Tournament. For more information, contact: 814-659-7410 or jrilogio@gmail.com

SEPTEMBER 25 | 11:00 AM – 6:00 PM | BREAKING DOWN BARRIERS - LOST DREAMS AWAKENING

Location: United Youth Baseball Field - 14393 Route 56 Hwy E. Seward, PA 15954 Contact: Laurie Johnson-Wade <u>awakeninglostdreams@yahoo.com</u> or 724-594-7903 A recovery -focused event uniting recovery communities from Cambria, Indiana, and Westmoreland counties.

SEPTEMBER 26 | 1:00 – 4:00 PM | RECOVERY IN THE VALLEY - CAMBRIA COUNTY DRUG COALITION

Location: Central Park - 507 Main S., Johnstown, PA 15901

Join us at Central Park in Downtown Johnstown for Recovery In The Valley. We will celebrate all paths to recovery with speakers, music, food, and kids activities! Drug Treatment and Recovery Support Agencies will have tables set up for information and connection. This is a free event, and all are welcomed to attend.

South East Events 2021

SEPTEMBER 4 | 9:00 AM – 7:00 PM | NICOLE CONWAY VOLLEYBALL TOURNAMENT

Location: 4380 Fairview Road, Columbia, PA 17512

Contact: Call (717) 361-1660 or you can also reach out to Matt Disipio or Dave Augustine directly at <u>mdisipio@blueprintsrecovery.com</u> or <u>daugustine@blueprintsrecovery.com</u>

Teams must consist of five players and registration costs are \$50+ a surcharge fee per team. The tournament will be double elimination, with awesome prizes going to the winning team. Food will be served, and we encourage anyone coming to bring a side, snack, or drink to share! Information and registration - <u>HERE</u>

SEPTEMBER 5 | 9:00 AM – 7:00 PM | UNITY RECOVERY COMMUNITY DAY

Location: Pretzel Park, 4300 Silverwood St, Philadelphia, PA 19127

Contact: contact@unityrecovery.org

Join Unity Recovery for our first annual Community Day! We will have speakers, activities, recovery yoga and samples from Unity Taqueria, as well as naloxone and other resources onsite. Come and help us to kick off National Recovery Month!

SEPTEMBER 9 | 6:00 – 8:00 PM | LIGHTS OF HOPE

Location: Elmwood Park Zoo, 1661 Harding Blvd, Norristown, PA

ABOUT THIS EVENT: Lights of Hope is sponsored by PRO-ACT/Montgomery County Recovery Community Center, along with The Council of Southeast Pennsylvania and Montgomery County Offices of Drug & Alcohol and Managed Care Solutions. We hold this event in September in honor of Recovery Month. Refreshments will be provided. Lights of Hope will be held at The Elmwood Zoo Park. Admission to the event is Free. Admission does NOT include admission to the zoo. Lights of Hope is a community event where we remember loved ones lost to substance use disorder and celebrate those in recovery. We encourage pre-registration and walk-ins are welcome. There will be a PowerPoint memorial for loved ones who have passed. If you would like to include a photo of a loved one, please email the photo to <u>cherman@councilsepa.org</u> Questions, please email Claudia Herman at <u>cherman@councilsepa.org</u> or call 215.429.1524.

SEPTEMBER 9 | 6:00 – 7:00 PM | CONNECTION PEER RECOVERY SUPPORT

Location: Reading City Church, 644 Penn Ave, West Reading, PA

Meets the 2nd and 4th Thursdays of month 6:00pm to 7:30pm Location: Reading City Church, 644 Penn Ave, West Reading PA 19610 NAMI Connection is a peer recovery support group for individuals 18 and...Read more on Connection Peer Recovery Support Group - NAMI Berks County PA - NAMI Berks County PA

SEPTEMBER 11 | 10:00 AM TO 1:00 PM | 7TH ANNUAL RECOVERY DAY LANCASTER -LANCASTER COUNTY RECOVERY ALLIANCE

Location: Buchanan Park - 901 Buchanan Ave, Lancaster, PA 17603

Contact: Scott Theurer <u>lancasterrecovery@gmail.com</u>

Recovery Day Lancaster promotes a celebration of healing and helps to normalize addiction recovery as a healthy and contributing factor towards a strong community. This is the events 7th year and begins with the annual Walk for Recovery followed by the «Counties largest Unity Circle». An all you-can-eat BBQ meal will be served as the «Recovery Rocks!!» Concert kicks off an afternoon of fellowship, interactive recovery-oriented vendors, and activities. More information - <u>HERE</u>

SEPTEMBER 11 | 2:00 - 4:00 PM | BOWL FOR MENTAL HEALTH AND RECOVERY

Location: Strike Zone Alleys, 2501 West End Ave, Pottsville, PA Bowl for Mental health and Recovery at Strike Zone Alleys, 2501 West End Ave, Pottsville More information - <u>HERE</u>

SEPTEMBER 14 | 4:00 - 8:00 PM | PATHWAYS TO RECOVERY

Location: 5 N. Wyomissing Blvd. Wyomissing, PA 19610 Contact: <u>Ystroman@cocaberks.org</u> Free event! Celebrate recovery with us. There a many pathways to recovery. Learn more about the various approaches to recovery that support wellness, spiritual growth and healing.

SEPTEMBER 17 | 4:00 – 8:00 PM | CARBON-MONROE-PIKE - ANNUAL RECOVERY CELEBRATION

Location: Phifer Ice Dam Park, 880 Main Road, Levittown, PA 17235 Contact: Carolee Boyer at <u>cboyer@cmpda.cog.pa.us</u>

FRIDAY SEPTEMBER 17 | 9:00 AM - 3:00 PM | GET TO KNOW YOUR NAAMAN

Location: NAAM Center 436 North Lime Street Lancaster, PA 17603 Free Community Event, Food, Live Music – Fun Grocery Handout Same Day Access to Treatment FREE 30 Minute Counseling Session On-Site Evaluation

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South East Events 2021

SATURDAY, SEPTEMBER 18 | PRO-ACT RECOVERY WALKS 2021

Location: Penn's Landing, 101 S Christopher Columbus Blvd., Philadelphia, PA 19106

Contact: Alyson Washington 215-345-6644 awashington@councilsepa.org for more information http://www.recoverywalks.org/ or go to https://www.firstgiving.com/event/26502/Recovery-Walks-2021 to register.

Join PRO-ACT to celebrate recovery and work to end the stigma surrounding substance use disorder. People have been walking in Recovery Walks! to support recovery from substance use disorder during September's National Recovery Month for 20 years. Join DBHIDS and PRO-ACT to celebrate recovery and work to end the stigma surrounding substance use disorder. People have been walking in Recovery Walks! to support recovery from substance use disorder during September's National Recovery Month for 20 years. Everyone has a role to play in contributing to our community's well-being. Recovery Walks! is one way we can do that. Together we can eliminate the shame and fear that affects attitudes about this disease, share our vision that recovery is possible for all and we can save lives! We can show our community

leaders, our neighbors and the world that we are working together – and walking together – to end stigma! We can't afford to be silent anymore. CLICK TO REGISTER

Recovery Walks is the largest recovery awareness walk in the world and is a collaborative effort of DBHIDS, PRO-ACT, and other sponsors. Recovery Idol is a collaboration between DBHIDS, the Philadelphia Recovery Coalition (PRC), and The Dell Music Center. Recovery Idol is modelled after American Idol and is a singing competition to showcase the strength, resiliency, and talent of Philadelphia's recovery community.

SATURDAY SEPTEMBER 25 | 9:00 AM - 5:00 PM | BTC CRUISIN' TO RECOVERY CAR SHOW

Location: Kane Family Drive In Theatre, 6627 US-6, Kane, PA 16735 Registration 9am-1pm Judging at 4pm BTC presents its first annual Cruisin> To Recovery Carshow. Registration is from 9am-1pm Judging will be at 4pm. categories that will be awarded are as follows: Car: 1st, 2nd, and 3rd place More information HERE

SATURDAY SEPTEMBER 25 | 12:00 – 4:00 PM | SOBERSTOCK 2021

Location: Easy Does It, Inc, 1300 Hilltop Road – Leesport, PA 19533

For more information: https://easydoesitinc.org/events/soberstock/ - Soberstock is a yearly Free Festival held at Easy Does It Inc in Reading PA and in partnership with Caron Treatment Centers & Council on Chemical Abuse. The purpose of Soberstock is to Celebrate recovery in our community and to spread awareness of available services for both individuals

and families seeking treatment and/or recovery.

SATURDAY SEPTEMBER 25 | 12:00 PM – 4:00 PM | ALUMNI RECOVERY OLYMPICS!

Location: Fort Washington State Park - Flourtown Day Use Area, 44 W Mill Rd, Flourtown, PA

Alumni Recovery Olympics! In celebration of Recovery Month we come together in fellowship, community and fun! Represent at the C.A.R.E.S Recovery Olympics! More information - HERE

ABOUT THIS EVENT: Pennsylvania C.A.R.E.S* council members Livengrin, Malvern, Retreat, Mirmont and Pyramid are proud to announce this collaborative Recovery Month alumni event! We invite you to come enjoy a day of fun and recovery as we celebrate National Recovery Month! All program alumni, current treatment participants and their families are all welcome to attend this FREE event. We will supply the paperware, beverages, chips, hotdogs and hamburgers (and a vegetarian option.) We are asking that you, our attendees, please consider bringing a side dish or a dessert to share with everyone! Games, activities, tournaments! Come REPRESENT your program! Good Food and Fellowship. *Please help us with food counts by filling out the (free) tickets form under the program you are affiliated with*

Musicians (and folks who think they are not «musicians» that just like to play for fun) are encouraged to bring acoustic instruments for jam sessions! The event is 12 pm until 4 pm, with the day ending with a Recovery Speaker Meeting.

Please note: NO PETS/DOGS ARE ALLOWED TO ATTEND THIS EVENT (Only certified SERVICE dogs.) We will also be joined by: THE PHEONIX and SYNC RECOVERY (Recovery Organizations that promote activity and recreation in recovery!)

*The Council for the Advancement and Support of Recovery Engagement Services

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2021 REGIONAL STATEWIDE RECOVERY MONTH EVENTS

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