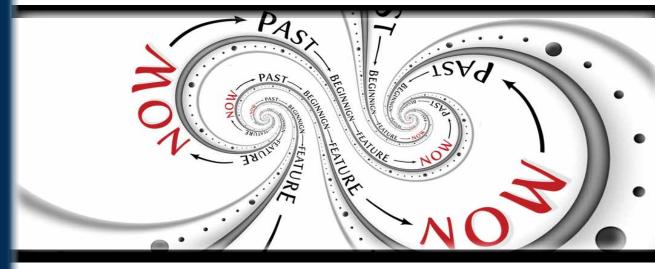


Volume 24, No. 3 | 2022

Understanding Our Own History to Forge Our Path Forward!

In recent years, Executive Director Bill Stauffer of PRO•A has been interviewing key persons in the New Recovery Advocacy Movement (NRAM) and working to document our own history. It is vital that we learn from what worked and the challenges and opportunities we have faced historically as a movement. The movement included the development of peer services. Bill has conducted credited training on this topic as accepted by the PA Bar Association here in Pennsylvania in April, and in Salt Lake City at the Utah Valley University at their conference in March.

A training using this same content has been academically vetted by the Opioid Response Network (ORN) and is available in all 50 states and territories beyond Pennsylvania. A few weeks back, Bill was working with the Kentucky recovery community through the ORN network on the material, and just returned from doing the training through the ORN at the West Virginia Association of Alcohol & Drug Abuse Counselors.



Bill is doing presentations on our history using this material at the national Mobilize Recovery virtual event in September and for Faces & Voices of Recovery at their National Leadership in Recovery event in Minnesota. Mr. Stauffer, recently presented the material at the NJPN 6th Annual Peer Recovery Support Summit.

Unfortunately, this training is not available for any of our state PCB credentialed workforce. The PCB is a private organization who credentials our entire state SUD peer workforce using their own training developed with public funding. They have denied this training module for any certification credits as it is "ideologically and theoretically driven," or not of a "durable evidence-based" content. They would not share with us any specifics on what could be changed to have it accepted, or an appeal process to have this denial reconsidered. People in PA who are interested in learning about our history without PCB credits should reach out to us.

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WORKING TOGETHER TO MAKE "RECOVERY VOICES COUNT" IN PENNSYLVANIA



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The PRO•A newsletter is a publication of the Pennsylvania Recovery Organizations Alliance. The newsletter is published four times a year and sent to recipients in the Commonwealth of Pennsylvania and surrounding states.

> Newsletters are mailed in February, May, August & November.

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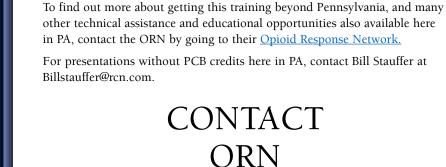
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what we have accomplished, together.

Nothing about us without us!

Understanding Our Own History

We are so pleased to be able to support training across the nation and

educational content here in Pennsylvania despite the barriers we face! If we are not able to tell our own past, we do not control our own future.

It is vital that the recovery community embrace and retain control over our own history and ensure that we teach the next generation who we are and

TODAY!

PA

to Forge Our Path Forward!



PRO.A is now on FACEBOOK – "like" us at www.facebook.com/ PaRecoveryOrganizationAlliance





"One of the greatest discoveries a man makes, one of his great surprises, is to find he can do what he was afraid he couldn't do."

— Henry Ford



On June 25th, the Pennsylvania Recovery Organizations – Alliance partnered with the Pennsylvania Peer Support Coalition to 'Overcome the Edge' for Recovery. The 'Overcoming the Edge' Campaign enlisted dozens of individuals supporting PRO•A and PaPSC's missions, culminating with many of those individuals rappelling down the Maxxen Building, located at Penn State's Main Campus, from 13 stories up! I believe I even got a glimpse of Batman and Spiderman!

Individuals with substance use and mental disorders are some of the most resilient individuals you will ever meet. Sharing our stories takes courage and strength. Some of us struggle with a fear of heights, some a fear of public speaking, and some a fear of failing. Removing fear from our lives is not an option, but overcoming it is. This fundraiser provided inspiration and opportunity to face our fears in a healthy and supportive environment. The fundraiser was an amazing opportunity to not only raise funds for these two organizations, but more importantly, to raise awareness that Recovery is not only possible, but probable!

This fundraiser united staff members, organizations, businesses, board members, and community members for a common goal. A tremendous shout-out to all those who volunteered, raised funds, and supported the event and our programs. Your time, commitments, generosity and all around support made this event a phenomenal experience for all involved.

As one of our participating rappelers stated, "Getting this kind of HIGH and letting go of all the fears, is a personal goal, raising awareness of taking huge steps to change such things as Stigma associated with recovery... let's dig in and find the courage and strength to overcome, and embrace change for all of us coping with the real obstacles and hurdles in our recovery.."

WE DO RECOVER!







This Leadership in Recovery Event is part of our mission to reflect on the past, while maintaining our focus on the future, and moving forward with continued work in the recovery movement.

PRO•A has served Pennsylvania's recovery community for over two decades. Moving forward in our mission, we are bringing together members of our communities, many of whom have served in a leadership role, as well as friends and colleagues from Pennsylvania's current service system and recovery community to continue recognizing the fundamental role that individuals play in the recovery movement.

We will have a half day event *(conference only)* to discuss current matters impacting our community and opportunities to strengthen our efforts followed by our evening event. The evening celebration will include dinner, networking, speakers, and our annual awards presentation.

Developing leaders, strengthening the voice of recovery, and elevating the message of hope are crucial aspects of increasing our recovery resources. Supporting leaders who exhibit tremendous ability to effect change and strengthen the recovery movement is crucial to our organization's role.

Together, we can and do make a difference. Please support us in our recovery mission.

Striving for lives and recovery communities living together with meaning, hope and purpose. This leadership event is focused on the theme of flourishing and advocating for every opportunity available to support all members of our community to flourish. We need to build a substance use care system that serves the needs of all our diverse communities to support long term recovery.

PURCHASE YOUR TICKETS TODAY! SEATING IS LIMITED

\$75. full day | \$50. in person dinner | \$25. conference only
For further information, to purchase advertising or tickets please contact:
Patti Baranowski, patti.b@pro-a.org or call 717 545 8929.
If paying by check, please make checks payable to PRO•A and mail to PRO•A Attention: Patti Baranowski
900 Arlington Avenue Suite 254A, Harrisburg PA 17109

You can also go online to purchase tickets electronically: https://pennsylvania-recovery-organizations---alliance.ticketleap.com/

5th Annual Leadership in Recovery Event | 1 to 8:30pm November 2nd 2022

1 - 4:30 PM TRAININGS

Tobacco Recovery for the Recovery Community – Let's Talk About It!

Research Brief on Stigma and Medical Professionals Elevyst / PRO•A / RIWI Collaborative National Survey

Family Recovery During The Pandemic – Panel Discussion

5 - 8:30 PM

PRO•A 5th Annual Leadership Dinner "Nothing About Us Without Us"

Country Club of Harrisburg 401 Fishing Creek Valley Road Harrisburg, Pennsylvania 17112

Tickets Now Available! Training / Dinner / Both Events! Get your Tickets <u>Here</u>



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Keynote Speaker

Dona Dmitrovic, MHS Senior Advisor for Recovery - SAMHSA

Currently serving as the Senior Advisor for Recovery at the Substance Abuse and Mental Health Services Administration, U.S. Department of Health and Human Services, Dona Dmitrovic supports recovery initiatives across the agency. In her previous role, she served as the Director of the Center for Substance Abuse Prevention where Dona provided executive



leadership for federal efforts to improve the nation's behavioral health through evidence-based prevention approaches. Ms. Dmitrovic is an experienced executive addiction and recovery specialist with over 34 years in the substance use field. She has experience in raising public awareness and supporting program development for individuals with substance use disorder through advocacy, policy and program development.

Prior to her arrival at SAMHSA, she served as the Executive Director for Foundation for Recovery in Las Vegas, NV, where she developed and implemented peer recovery support programs, education and training on peer support services and led the organization's growth to a statewide agency. Ms. Dmitrovic also held the position of Director of the National Office of Consumer Affairs for Optum Behavioral Health, UnitedHeathcare. There she used her vast experience to develop peer products and tools to support individuals with mental and substance use disorders. As the Chief Operating Officer for the RASE Project in Pennsylvania, Ms. Dmitrovic assisted the CEO launching the Buprenorphine Coordinator program serving opioid dependent individuals with recovery support services in medication assisted treatment (MAT); one of the first in the country which received two national awards for innovation.

Joseph Green Spoken Word Poet

Joseph Green is a spoken word artist, educator, and motivational speaker with over 20 years of experience creating dialogue that's led to success in classrooms, boardrooms, and living rooms. He believes strongly in storytelling's innate ability to connect people to their higher purpose and to one another – creating a world that is a better place for everyone.

With a background in theatre and performance

poetry, his speaking engagements are a combination of his own life story, the stories of the hundreds of young people he has worked with, and the wisdom of the infinite mentors he has met through his journey. Having facilitated over 5000 workshops for audiences ranging from school-aged children to working adults, Joseph has led conversations on inclusion, mindfulness, addiction recovery, identity development, creative writing, youth empowerment, and more.

Customized for the audiences he is speaking with, he crafts workshops that intertwine storytelling with spoken word where participants can reimagine and reconstruct how we can all understand wellness, community care, and self-empowerment.



PRO•A Individual Champion of Service Award

Darron Shanks, VFMC

Darron Shanks is employed by Valley Forge Medical Center as a peer support coordinator. He is known as a tireless leader to support other CRSs in the program and all the patients they serve. He is a person in long term recovery for over 28 years. He struggled with active addiction for 18 years. He made 14 attempts before he was able to sustain his

own recovery. He saw that others never gave up on him or thought of him as a failure, a lesson he never forgot. He never gave up on finding his own recovery. He lives this ethos in his work to help others find recovery now. Darron believes we have to make sure we see the person through the disease and focus on helping each one as an individual with their own hopes and dreams. He holds out hope for every, single person who walks in the door and always has the time to stop and listen and take action to support the recovery process of those in care.

Those who work with him see that he goes out of his way to help patients, even after they are discharged from the facility. As a result of his leadership, those who he supervises have become better at helping those in their care. He provides key insights to the centers interdisciplinary team to support their individualized care and recovery process. He engages each patient walking in the door and welcomes them into the program. He advocates for the staff he supervises and is a staunch patient advocate in every administrative discharge discussion that occurs. Those who nominated him for this award see him as an example in leadership and an example of what peer support can accomplish. Beyond obtaining his CRS and his peer supervisor certificate, Darron aspires to one day be a trainer so he can support the development of our future SUD workforce.

PRO•A Ambassadors of Recovery Award Kathy Campbell Strain

Through personal tragedy, Kathy became an avid substance use disorder advocate and educator at both the state and federal levels. She is involved with many grassroots organizations that have a focus on substance use disorder. Kathy serves as a Parent Coach for the national organization Partnership to End Addiction, Is an Ambassador for Shatterproof, a member of Berks SOS and serves on the Board of Speak up for Ben. She also serves on official and ad hoc committees in the US Bankruptcy Court for opioid litigation and is currently serving on a Federal Trust Advisory Committee helping to oversee a portion of opioid litigation dollars. Kathy is a certified instructor of Adult Mental Health first Aid and is currently completing her CFRS training in Pennsylvania. Kathy has worked for the past several years as Program Supervisor of DFWPA where she traveled through all 67 counties of Pennsylvania providing no cost resources and training to employers and families impacted by the addiction crisis.

Continued on page 8

PRO•A Institution/Organization Champion of Service Award

Safer Streets for Tamaqua's Little Feet Tammy and John Sienklewicz

Safer Streets for Tamaqua's Little Feet is a 501c3 non-profit organization dedicated to fighting the substance misuse crisis that is stealing the lives of so many of our children, family members, and friends. Our mission is to provide continuous preventive education and training through community outreach to both children and adults, as well as getting an

individual into treatment, and supporting their continued recovery are the keys to ending this crisis we are currently in. We provide practical support to help individuals with substance abuse disorders navigate the difficult process of treatment and recovery.

On April 2, 2016, the worst nightmare of any parent became my reality. John and Tammy Sienkiewicz, cofounders of Safer Streets for Tamaqua's Little Feet's found their 23-year old daughter Alexandria unresponsive in her bedroom and out of this pain created hope for others. Safer Streets for Tamaqua's Little Feet has continuously from October 2016 to present provided free preventive drug education to schools, clubs, and organizations within Schuylkill and surrounding counties to hundreds of families.

We feel it is important for individuals in recovery to see we can have fun without the use of drugs or alcohol and recently purchased a 14-passenger bus to transport individuals to recreational recovery activities, trainings and educational events. We will also be providing free transportation to our own community outreach events including lifesaving Narcan training, mock bedrooms, and preventive drug education event. We are dedicated to serving and supporting our regional community needs and ensuring that families and persons with addictions are supported into a recovery process.

PRO•A Lifetime Service to the Recovery Community Award

Minister ROBIN HORSTON SPENCER, MHS, MS, MBA, OWDS, RCT

Former Executive Director of Message Carriers of Pennsylvania

With over twenty plus years in the Human Service field, Ms. Horston Spencer has worked the last 20 years exclusively in the recovery supportive services of addiction field. Her start in the Human Service

Field began as a Teacher's Aide in the Pittsburgh Public School system in that capacity she worked with severely physically challenged children. Robin believes in volunteering for other organizations in the roles of mentoring school children and oversight of the school board. She has worked with families on reunifications, individuals with mental health, drug & alcohol issues; as a group facilitator, trainer of trainers, certified counselor and mobile therapist.

Ms. Horston Spencer holds a Master Degree of Science in Human Service (MHS) from Lincoln University, Philadelphia, PA where she was inducted into the Pi Gamma Mu, International Honor Society in Social Science and was awarded the Rose B. Pinky Award for Outstanding Contribution in the Human Service Field. While attending Lincoln University she wrote "Training Recovering Individuals with Criminal Histories to Become Advocates and Mentors". She is a firm believer that learning is lifelong in addition, one must become a change agent. In 2004, she helped to create as workforce development certification the Certified Recovery Specialist (CRS) that is being used throughout the state.



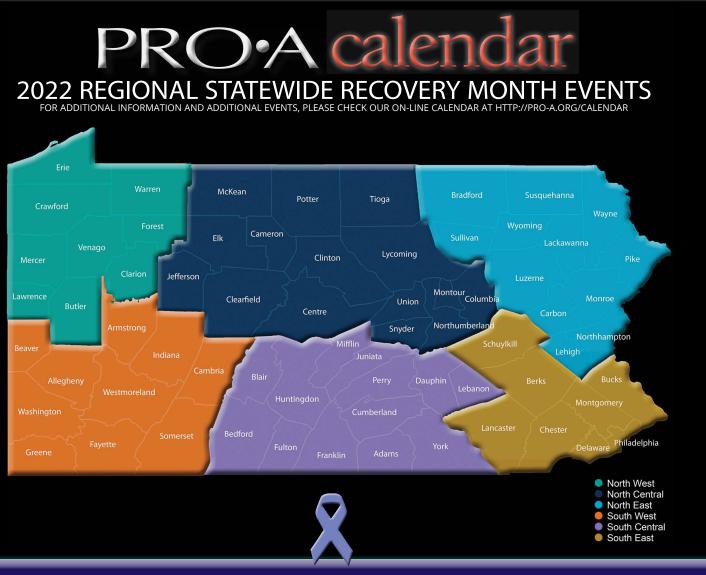
We'll get through this together.

Find out what we're doing to help our community.

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National Events 2022

SEPTEMBER 30 | INTERNATIONAL RECOVERY DAY

Until now, recovery communities have been limited to uniting and celebrating recovery by holding local rallies, walks, and other events. Through the use of the Internet, we can now bridge the geographical and time zone barriers, allowing us to join all folks in recovery from all addictions, including all recovery pathways – all around the globe – all on the same day. We invite you to join our International Recovery Day community worldwide by registering on this site today. We will then send you a token by email that will allow you to launch your own virtual firework on September 30th, 2022. Later on, we will send you a reminder to go online September 30th and watch for yourself as you launch your firework into the sky – to be joined by countless others in recovery launching their own fireworks from all around the globe. Free, online event to be launched on September 30th. Join International Recovery Day, Inc. and register for this one of a kind historic event! REGISTRATION: https://internationalrecoveryday.org/registration/

For more information: Want to send us photos of Recovery Lights from your city/location or share your Recovery Story? We would love to hear from you. Send us an email to: info@internationalrecoveryday.org

Web Site: <u>https://internationalrecoveryday.org/</u>

We can and do recover!

North Central Events 2022

SEPTEMBER 18TH | 1 – 4 PM | OASIS COMMUNITY RECOVERY CLUB 3RD ANNUAL RECOVERY AWARENESS WALK

LOCATION: 210 E. Independence St., Shamokin, PA 17872 CONTACT: Oasis.recovery.club@gmail.com Set up time: 11 to 12pm, walk begins at 1pm! 2-mile Recovery Awareness Walk and street festival. Walk is \$25 pre-registration.

SEPTEMBER 24TH | 9 AM | RUNNING OVER ADDICTION

LOCATION: South Williamsport Park Complex, 545 E Central Ave, South Williamsport, PA

This will be the 7th year for this event! Running Over Addiction is held to raise funds and awareness for the West Branch Drug & Alcohol Abuse Commission, which provides services to those who live in Lycoming & Clinton counties. The Commission provides valuable prevention services as well as treatment to those who are fighting addiction.

Start Times:

5K: 9:15 AM 10K: 9:00 AM

Half marathon: 8:30 AM

Many of the organizations in our community that provide services related to addiction and recovery will have tables set up at the park before and during the race. Please take time to learn about these valuable resources.

Children age 10 & Under participating in the 5K can register for FREE. No shirt is included with the FREE REGISTRATION. All participants must complete the registration process, but no fee will be charged.

For more information and to sign up: <u>https://runsignup.com/Race/PA/AnyCityAnyState/RunningOverAddictionHalfMarathon5k</u>

North West Events 2022

SEPTEMBER 9 | NOON - 6 PM | ALPINE SPRINGS RECOVERY CELEBRATION

LOCATION: Pymatuning State Park 2660 Williamsfield Rd., Jamestown, PA 16134

SAVE THE DATE—OPEN TO THE PUBLIC! Come join us for a Recovery Month celebration on September 9, 2022, from 12-6pm at Pymatuning State Park in SHELTER #4 where we will be hosting games, guests speakers, prizes, live music and of course, FOOD! We are proud to team up with a recovery-based, Erie Area string band "Smilo and the Ghost"! Please join us and let's celebrate recovery together!

SEPTEMBER 9 | 2 – 6 PM | TITUSVILLE RECOVERY CELEBRATION

LOCATION: Schiede Park, Titusville, PA 16354 CONTACT: Trish Dibone Family Services and Children's aid society

SEPTEMBER 10 | 10 AM - 2 PM | 2ND BUTLER COUNTY RECOVERY WALK AND PICNIC

LOCATION: Butler Memorial Park around the Miller Pavilion CONTACT: 724-284-5114 2nd Annual Butler County Recovery Walk and Picnic: A Community Gathering of Hope – A Family & Friends Affair is sponsored by Butler County Opioid Overdose Coalition & Butler County Drug and Alcohol Program

SEPTEMBER 17 | 3 – 7 PM | RECOVERY CELEBRATION – CRAWFORD COUNTY DRUG AND ALCOHOL

LOCATION: Diamond Park, Meadville, PA CONTACT: Julia Covert at Crawford County Drug and alcohol commission 814-724-4100

SEPTEMBER 17 | 4 - 8 PM | MEADVILLE'S 11TH ANNUAL RECOVERY CELEBRATION

LOCATION: 903 Diamond Park, Meadville, PA 16335 Our 11th annual Recovery Month celebration will be including music from Logan Battin, vendors, food trucks, games and speakers!

SEPTEMBER 17 | 9 AM - 11 AM | E-RACE THE STIGMA OF RECOVERY

LOCATION: Rotary Pavilion, 1 Peninsula Dr., Erie, PA 16505 Race for Recovery. You can continue to show your support by signing up for the 2022 Erie Race for Recovery! Race for Recovery Benefits Proceeds benefit Gaudenzia Erie, Inc., an Erie-based non-profit organization Gaudenzia Erie, Inc. helps people affected by chemical dependency, mental illness and related conditions through comprehensive treatment and prevention. Saving Lives, Families and Communities Race For Recovery application 2022 - <u>Click Here</u>

Online registration available - <u>Click Here</u>

North West Events 2022

SEPTEMBER 21 | 1 – 3 PM | ERIE COUNTY RECOVERY MONTH CELEBRATION

LOCATION: Perry Square, Downtown Erie, PA

CONTACT: Amanda.milliren@whitedeerrun.com

Please join us for a day of celebrating recovery from substance use and mental health disorders. Providing free resources, lunch, stories of wellness and fellowship! ALL are welcome and the event is free of charge

SEPTEMBER 21 | 6 – 8 PM | VIGIL OF HOPE ERIE

LOCATION: UPMC Western Behavioral Health at Safe Harbor 1330 West 26th St. (back parking lot)Erie, PA 16508 (Directions) CONTACT: 814-451-2241

UPMC Western Behavioral Health at Safe Harbor and Maria House Project have teamed up to offer a special memorial service to remember those lost to substance use or substance use-related death. This Vigil of Hope is open to anyone who has been affected by a substance abuse loss. Please join us in honoring your loved ones and raising awareness in our community. Start: Sept. 21st, 6:00 PM

End: Sept. 21st, 8:00 PM

SEPTEMBER 22 | 5 – 8 PM | EVENT BEGINS AT 6 PM | MERCER COUNTY RECOVERY CELEBRATION

LOCATION: Buhl Casino, 715 Hazen Rd, Hermitage, PA 16148 CONTACT: Tracy Bornick, Mercer county Behavioral Health Commission

SEPTEMBER 23 | 2 - 6:30 PM | VENANGO COUNTY RECOVERY CELEBRATION

LOCATION: Franklin Bandstand Park, 1160 Liberty St., Franklin, PA 16323 Join us for a variety of recovery-focused activities, free and open to the community. Ceremony with speakers. Recovery resources. Refreshments provided. Family-friendly activities. Prizes. Ending in a candlelight vigil. Event page: https://www.facebook.com/venangocountyannualrecoverymonth/

SEPTEMBER 23 | 3 – 6 PM | VENANGO COUNTY RECOVERY EVENT

LOCATION: Franklin Bandstand Park, 1160 Liberty St., Franklin PA 16323

CONTACT: Susan Huffman, Venango county Human Services<u>tdean@fscas.org</u> FREE Admission! An event to celebrate recovery from SUD, mental health and other inner battles where there are access to vendors with great community resource information and speakers on SUD, Mental Health, Family of those in Recovery, Youth and more. All are welcome and food will be provided!

North East Events 2022

AUGUST 31 | 6 - 8 PM | 2022 LEHIGH VALLEY FED UP RALLY

LOCATION: 101 Founders Way, Bethlehem, PA 18015-1347 Website: https://www.facebook.com/events/3245915679065634/

SEPTEMBER 4 | 3 - 7:30 PM | FARM WELLNESS

LOCATION: 11390 N. Delaware Dr., Bangor, PA 18013 In commemoration of Xainoa's birthday we are celebrating on the farm by offering a wellness team class, yoga/meditation, bonfire and drum circle. Start: Sept. 4th, 3:00 PM End: Sept. 4th, 7:30 PM CONTACT: Kainoas Ohana, kainoasohana@gmail.com

SEPTEMBER 11 | NOON - 2:30 PM | SCRANTON RECOVERY WALK 2022

LOCATION: 415 N. 8th Ave. to 120 Wyoming Ave., Scranton, Pennsylvania 18503 This event is intended to raise awareness to reduce stigma of substance use disorder. It is to celebrate recovery.

SEPTEMBER 14 | 10 AM – 3 PM | WAYNE COUNTY DRUG & ALCOHOL RECOVERY FAIR

LOCATION: The Cooperage, 1030 Main Street, Honesdale, PA 18431 Sponsored by Wayne County Drug and Alcohol Commission

SEPTEMBER 17 | 9:30 AM - 5:30 PM | OASIS COMMUNITY CENTER

LOCATION: 3410 Bath Pike, Bethlehem, PA 18017

Keynote Speaker Rebecca West Hensinger USOA Mrs. Pennsylvania 2022. Support Group Speaker Meetings OASIS Family Wellness, Invitation to Change Approach, OASIS Grief Support Services, SMART Recovery Family & Friends, National Alliance on Mental Illness LV, Adult Children of Alcoholics Al-Anon Family Group. Narcan Trainings. FREE Narcan while supplies last. Mock Teen Bedroom Display, Medication Lock Boxes & Disposal Kits FREE while supplies last Explore OASIS Programs & Spaces, Visit Community Resource Tables. Enjoy Family-Friendly Activities! Live Music! Refreshments! FREE Event! RSVP appreciated through Eventbrite Gift basket drawing for Eventbrite RSVPs!

SEPTEMBER 24 | 3 – 7 PM | SYNC RECOVERY COMMUNITY RECOVERY JAM

LOCATION: 122 North Ave, Jim Thorpe, PA

There will be music, speakers, food games and a 5pm all pathways recovery meeting. To register and for more information please visit <u>www.syncrecovery.org</u>. Phone: 215-380-3341 Email: info@syncrecovery.org

South Central Events 2022

AUGUST 27 | 5 – 9 PM | BLAIRE COUNTY OVERDOSE AWARENESS DAY

LOCATION: Trans4mation Church 1001 S. 1st, Altoona, PA Live music by "Heaven Bound" info. Table for local resources. Special displays to honor those lost to overdose. Free food, crafts, games & prizes for kids and a butterfly release. For more info, or to honor a loved one lost to overdose: Michelle Lynam: 814-312-7624 Stacy Lingenfelt: 814-932-9146 Email: bcoverdoseawareness@gmail.com

SEPTEMBER 3 | 9 PM | RASE PROJECT – RECOVERY COMEDY SHOW

LOCATION: Best Western, 800 East Park Drive, Harrisburg, PA 17111 CONTACT: Angelica Fiore-Torres angelica@raseproject.org Tickets Available - <u>HERE</u> Tickets \$35-37. At the 2022 event, we will be hosting a buffet-style dinner, and comedians Johnny Lampert and Michael Somerville will be performing. This consciousness-raising event is to be held at the Best Western Premier in Harrisburg, PA.

SEPTEMBER 5 | NOON - 5 PM | RECOVERY DAY AT PEOPLES BANK PARK (YORK)

Fee: \$12—Purchase Tickets: <u>https://www.facebook.com/YorkPartnershipforRecovery/</u>LOCATION: Peoples Bank Park, 5 Brooks Robinson Way, York, PA 17401

Recovery Day at Peoples Bank Park is a fun afternoon designed to create awareness around addiction and recovery and provide an opportunity for the area's recovery community to gather. Tickets are \$12 and include a game ticket and buffet lunch. Vendor fair @12 pm. Gates Open @ 1pm. Serenity prayer circle before the game. York Revolution game starts @ 2 pm.

SEPTEMBER 10 | NOON – 4 PM | 5K RUN/WALK FOR RECOVERY—NOT ONE MORE— YORK CHAPTER

LOCATION: John Rudy County Park, 400 Mundis Race Road, York, PA 17406 Proceeds from this event will help Not One More – York Chapter fulfill its mission to provide support and resources to those struggling with addiction and to raise awareness and provide education on the substance abuse epidemic we face in our community. Registration - <u>HERE</u>

SEPTEMBER 10 | GATES OPEN: 6 PM GAME STARTS 7 PM | DAUPHIN COUNTY RECOVERY MONTH KICKOFF AT FNB FIELD

LOCATION: Station Rd, Harrisburg, PA 17101, United States Presented by Dauphin county and Hero in the Fight. Saturday September 10th will be Dauphin County's Recovery Month Kickoff event! And what better way to kick it off than with the Harrisburg Senators. We look forward to celebrating recovery with all of you at the ballpark! For more information - <u>HERE</u>

SEPTEMBER 17 | 2 PM | YORK RECOVERY DAY

LOCATION: York Revolution, 5 Brooks Robinson Way, York, PA York Partnership for Recovery presents York Recovery Day 2022. This year's event will feature a picnic with full access to the ballpark prior to the game and tickets to the York Revolution game. Website: https://www.yorkrevolution.com/groups-hospitality/Group-theme-nights/. Stay tuned for more details!

SEPTEMBER 21 | 11 AM - 12:30 PM | RECOVERY ADVOCACY DAY

LOCATION: PA State Capitol 501 N 3rd St., Room: Front Steps, Harrisburg, PA 17120 CONTACT: Brittney McCarthy, bmccarthy@pacounties.org This annual event aims to raise awareness of substance use conditions, celebrates individuals in recovery, and acknowledges the work of prevention, treatment, and recovery support services. For more information click <u>HERE</u>

SEPTEMBER 24 | NOON – 4 PM | LEBANON RECOVERY DAY

LOCATION: Monument Park, 8th & Lehman St, Lebanon, PA 17046 Celebrate recovery from drug and alcohol addiction. Fun, food and fellowship!

SEPTEMBER 25 | 2 - 5 PM | DAUPHIN COUNTY RECOVERY MONTH WRAP UP

LOCATION: Penn State Harrisburg Vendor tables, guest speakers, kick ball game open to all

South West Events 2022

AUGUST 27 | NOON – 5 PM | SAGE'S ARMY 3RD ANNUAL COMMUNITY PICNIC (NOT IN SEPTEMBER THIS YEAR)

LOCATION: 170 McWilliams Rd, Greensburg, PA 15601-7726 CONTACT: adam@sagesarmy.com Come join us at Twin Lakes Park Pavilion 4 for our 3rd Annual Sage's Army Community Picnic! This event is open to anyone! There will be food, music, volleyball, cornhole, speakers, merchandise, and a 50/50 raffle! Feel free to bring a covered dish! We hope to see you there!

AUGUST 31 | 6:30 PM | SOMEBODY'S SOMEONE INTERNATIONAL RECOVERY OVERDOSE AWARENESS DAY

LOCATION: 332 North Water St., Kittanning, PA 16201 7:00 PM viewing of *Tipping the Pain Scale* 8:45 PM Name reading Tribute 9:00 PM Candlelight Vigil and Promenade to Recovery Capital (281 N McKean St., Kittanning)

SEPTEMBER 10 | 11 AM – 4 PM | BREAKING DOWN THE BOARDERS FOR RECOVERY MONTH (CAMBRIA, INDIANA & WESTMORLAND COUNTY)

LOCATION: United Youth Baseball 14393 Route 56 Hwy E. Seward For our 2nd year, BREAKING DOWN THE BORDERS, Tri-County Recovery Rally during Recovery Month, will again focus on the NATIONAL RECOVERY MONTH theme that RECOVERY IS FOR EVERYONE! EVERY Person, EVERY Family, EVERY Family, EVERY Community. RCO's (Recovery Community Organization) from Cambria, Indiana, and Westmoreland counties of Pennsylvania have scheduled Saturday, September 10th from 11:00 AM - 4:00 PM at the United Youth Baseball Fields in Seward. Our recovery focused event will again consist of live music, national recovery speakers, tri-county recovery resource organizations, food vendors, AND fun filled activities for kids.bThe perfect fun filled day for all - Because RECOVERY IS FOR EVERYONE!

SEPTEMBER 17 | 9 AM – 1 PM | PITTSBURGH RECOVERY WALK – INSTITUTE FOR RESEARCH, EDUCATION AND TRAINING IN ADDICTIONS (IRETA)

LOCATION: 1201 Waterfront Place, Pittsburgh, PA 15222

CONTACT: info@pghrecoverywalk.org

Annual gathering and parade celebrating all pathways of recovery from addiction and those who travel them. It also aims to dispel stigma and recognize recovery as a positive force in our community. There will be live music, storytellers, prominent speakers, kids activities, a marching band, a huge parade, and over 40 community groups in attendance. This event is free. Registration is encouraged but not required. More information and registration - <u>HERE</u>

SEPTEMBER 17 | 8 AM – 4:30 PM | 2022 ANNUAL JP RECOVERY FOUNDATION GOLF OUTING LOCATION: Black Hawk Golf Course, 644 Blackhawk Rd, Beaver Falls, PA

The 15th Annual JP Recovery Fund Golf Outing will be held September 17, 2022 at Blackhawk Golf Course! We hope to see you there! Tickets: <u>https://www.eventbrite.com/e/2022-annual-jp-recovery-foundation-golf-outing-tickets-242597253917</u>

SEPTEMBER 17 | NOON - 4 PM WALK BEGINS AT 1 PM | TAG RECOVERY WALK 2022

LOCATION: Riverfront Park, South Water Street, Kittanning, PA 16201 Music, hot dogs, games, recovery countdown! Family friendly event that will be held to show support for the recovery community and reduce the stigma associated with substance use disorders. For more information or to register contact Bonnie or Shasta at Recovery Capital: 724-548-8334

SEPTEMBER 17 | 3 - 7 PM | 2ND ANNUAL ROCK FOR RECOVERY

LOCATION: Mainstreet Park—25 East Main Street, Waynesboro, PA 17268 Live music, kid's activities, food, raffles. PRESENTED BY PYRAMID HEALTHCARE.

SEPTEMBER 20 | 11 AM – 3 PM | RECOVERY DAY PITTSBURGH

Free family fun and on-site support services. Start: Sept. 20th, 11:00 AM End: Sept. 20th, 3:00 PM LOCATION: 421 N Highland Ave, Pittsburgh, PA 15206 (Directions) CONTACT: 412-942-0495

SEPTEMBER 24 | 1 – 5 PM | RECOVERY IN THE VALLEY – CAMBRIA COUNTY DRUG COALITION

LOCATION: Central Park, 507 Main S., Johnstown, PA 15901

Join us at Central Park in Downtown Johnstown for Recovery In The Valley. We will celebrate all paths to recovery with speakers, music, food, and kids activities! Drug Treatment and Recovery Support Agencies will have tables set up for information and connection. This is a free event, and all are welcomed to attend.

South East Events 2022

SEPTEMBER 1 | 5 PM | SCHUYLKILL COUNTY WALK FOR RECOVERY

LOCATION: Schuylkill Haven Island Park, Broadway Street, Schuylkill Haven, PA 17972

PRE-REGISTER ÓNLINE BY AUGUST 8th TO RECEIVE A FREE T-SHIRT AT THE EVENT. Agenda:

- 5:00 PM On-site registration, food trucks, resource tables, and games for kids!
- 6:00 PM Comments from guest speakers
- 6:30 PM Recovery walk kickoff!

Join the effort to support recovery in our community! Walk with us to show your support:

- Our neighbors in recovery
- Community members struggling with Substance Use
- Family and Friends impacted by a loved one's Substance Use
- Family and Friends who are proud to celebrate the recovery of a loved one!

You'll also enjoy the following at the event:

- Resource tables
- Free stuff!
- Food trucks
- Games for kids

Please join your neighbors to celebrate those in recovery, advocate for more support, and remember those we've lost to substance use disorder.

SEPTEMBER 10 | 10 AM – 3 PM | UNITY RECOVERY COMMUNITY DAY

LOCATION: 4300 Silverwood St., Philadelphia, PA

Mark your calendars! Celebrate Recovery Month 2022 with us at our 2nd Annual community Day! We will be setting up at Pretzel Park in Manayunk on Sept. 10, 10:00 AM-3:00 PM — expect food, games, resources, and more! We will also have Recovery Yoga on site and an All-Recovery Meeting for those who wish to join. Come on out with friends and family to participate in this special occasion with us! www.unityrecovery.org

SEPTEMBER 17 | TEAM LIVENGRIN AT THE RECOVERY WALK

LOCATION: Penn's Landing, 301 S. Columbus Blvd., Philadelphia, PA 19106

Join Livengrin alumni, staff, and others at the annual Recovery Walk at Penn's Landing. The recovery walk is the largest recovery-based event in the Philadelphia area and is part of National Recovery Month.

Please meet at the Livengrin tent at Penn's Landing at 7:45 AM. We don't know where this will be. Look for the Livengrin logo.

You will be given your shirt, and the walk starts at 9:00 AM. The walk is about 30-45 minutes.

If you have any questions, please reach out to John K. at JKronbar@livengrin.org

SEPTEMBER 17 | 8TH ANNUAL RECOVERY DAY LANCASTER – LANCASTER COUNTY RECOVERY ALLIANCE

LOCATION: Buchanan Park, 901 Buchanan Ave, Lancaster, PA 17603

CONTACT: Scott Theurer lancasterrecovery@gmail.com

Recovery Day Lancaster promotes a celebration of healing and helps to normalize addiction recovery as a healthy and contributing factor towards a strong community. This is the event's 7th year and begins with the annual Walk for Recovery followed by the "Counties largest Unity Circle." An all you-can-eat BBQ meal will be served as the "Recovery Rocks!!" Concert kicks off an afternoon of fellowship, interactive recovery-oriented vendors, and activities. <u>Click here for more information</u>.

SATURDAY, SEPTEMBER 17 | PRO-ACT RECOVERY WALKS 2022

LOCATION: Penn's Landing, 101 S Christopher Columbus Blvd., Philadelphia, PA 19106

CONTACT: Alyson Washington 215-345-6644 awashington@councilsepa.org for more information http://www.recoverywalks.org/

Join PRO-ACT to celebrate recovery and work to end the stigma surrounding substance use disorder. People have been walking in Recovery Walks! to support recovery from substance use disorder during September's National Recovery Month for 20 years. Join DBHIDS and PRO-ACT to celebrate recovery and work to end the stigma surrounding substance use disorder. People have been walking in Recovery Walks! to support recovery from substance use disorder during September's National Recovery Month for 21 years. Everyone has a role to play in contributing to our community's well-being. Recovery Walks! is one way we can do that. Together we can eliminate the shame and fear that affects attitudes about this disease, share our vision that recovery is possible for all and we can save lives! We can show our community leaders, our neighbors and the world that we are working together – and walking together – to end stigma!

We can't afford to be silent anymore. <u>CLICK TO REGISTER</u> Registration Begins 7:30 AM Program Begins 9:00 AM Official Walk Start Time 10:30 AM Please note new this year—all of the Walk! program will be held before the Walk! start.

SEPTEMBER 24 | 4:05 PM | RECOVERY DAY AT THE PHILLIES!

LOCATION: Citizen's Bank Park, 1 Citizen's Bank Park Way, Philadelphia, PA 19148 Enjoy a fun-filled evening supporting recovery and helping to reduce stigma while cheering on the Phillies! To purchase \$15 tickets, click <u>HERE</u>

CONTACT: Miranda Gilleo at 267-817-7236 or email mgilleo@councilsepa.org

South East Events 2022

SEPTEMBER 24 | 8 AM – NOON | WALK FOR RECOVERY (THE WALK OF LOVE)

LOCATION: Please Touch Museum, 4231 Avenue of the Republic, Philadelphia, PA 19131 The Walk of Love Project's main focus is on helping licensed professionals in health monitoring programs due to mental health or addiction come full circle and back to the life they love.

This event is our official launch of the nonprofit organization that started in Philadelphia, PA

Check-in is at 8:00 AM. At the end of the short walk, we will have a brunch in the park with speakers, vendors, and other exciting activities. A \$10.00 Suggested Donation is Appreciated at Check-in

Register <u>HERE</u> (this will help us with how much food and swag to have available)

SATURDAY SEPTEMBER 24 | 1 – 4 PM | SOBERSTOCK 2022

LOCATION: Easy Does It, Inc, 1300 Hilltop Road, Leesport, PA 19533

For more information: https://easydoesitinc.org/events/soberstock/

Soberstock is a yearly Free Festival held at Easy Does It, Inc. in Reading, PA and in partnership with Caron Treatment Centers & Council on Chemical Abuse. The purpose of Soberstock is to Celebrate recovery in our community and to spread awareness of available services for both individuals and families seeking treatment and/or recovery.

Continued from page 9

PRO•A Lifetime Service to the Recovery Community Award Minister ROBIN HORSTON SPENCER, MHS, MS, MBA, OWDS, RCT Former Executive Director of Message Carriers of Pennsylvania

This certification was designed to assist those with lived experiences an opportunity to find gainful employment in the Drug & Alcohol field. In 2007 through 2009, she attended Carlow University where she received two more masters' degrees. A Master of Science in Professional Leadership, specializing in Training and Development (MSPL) and Master of Business Administration (MBA). Ms. Horston Spencer also was one of the first in Pennsylvania to become a Certified Offenders Workforce Development Specialist (OWDS) and is a certified Recovery Coach Academy Trainer (RCAT).

She has written articles about recovery in two publications the Soul Pitt magazine and Pennsylvania Recovery Community-Alliance Quarterly Report. Robin has been acknowledged by several entities for her work in the community, such as 2011, New Pittsburgh Courier Women of Excellence, on the cover of Soul Pitt as one of the people to watch in 2014 and 2017, she was recognized as a Women of Purpose. In June of 2018 became an ordained Minister at Petra International Ministries, in Pittsburgh, PA. Currently, she is registered as a consultant/trainer. In addition, a co-host podcaster of Revelations and Reflections A Social Media Conversation for BlacknBrown2.

Ms. Horston Spencer is in long term recovery and will attest that to mean since being in recovery she has given back to the community in various ways. She is well known by many from all walks of life and venues of services, through her collaborative efforts with churches, agencies and the 12 Step communities. Presently, she sits on several advisory boards locally, statewide and nationally. She has made it her life's work to promote recovery by educating anyone who will listen. Her passion is to put a positive face and voice for recovery wherever she goes! She has a magnetic personally that most people who have the pleasure to meet her feel that they have not met a stranger. Her approach of making one feel that they are the only person to exist at time of distress is amazing. She is also known for her loyalty, trustworthiness and has the heart of gold to care for all those who come into her life. Ms. Spencer resides in Pittsburgh, PA and is the proud mother of Leigh Horston (Malika), granddaughters, Jazmine and Jordan all of Columbus, Ohio.

We can and do recover!

lease join pro-A for HECALL

> [a statewide weekly **ZOOM** call to support Recovery Community Organizations and members of the recovery community]

🐓 PRO•A is the Pennsylvania Recovery Organizations Alliance | PHONE 717.545.8929 or 800.858.6040 | pro-a.org







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