



PENNSYLVANIA CERTIFIED PEER RECOVERY SUPPORT SPECIALIST (PC-PRSS) Peer Credential Available in PA alternative to the PCB - CRS credential

Who is credentialing this training: NAADAC, the Association for Addiction Professionals / National Certification Commission for Addiction Professionals (NCC AP) through their state affiliate the Pennsylvania Association of Addiction Professionals / Pennsylvania Certification Commission for Addiction Professionals. NAADAC certification is the most widely recognized SUD credentialing body and is recognized in 45 states.

Is this training recognized in Pennsylvania: Training Credentials offered through PAAP across all credentials meet state staffing regulations where such regulation delineates staffing standards in Pennsylvania.

Requirements for the Peer Recovery Support Specialist (PRSS):

- **Education:** High School diploma, GED or higher
- **Training:** Completions of 60 contact and training hours (CEs) through approved training by PROA
- **Supervised Experience:** No prerequisite supervision
- **Exam:** Must pass the NAADAC National Certified Peer Recovery Support Specialist (NCPRSS) examination recognized in over 46 states.
- **Recovery:** Must have a minimum 18 months of recovery from lived experience in substance use or co-occurring mental health disorders (self-attested) Includes either SUD, SUD/MH
- **References:** Two references to accompany application
- **Fees:** \$150

PRO–A Peer Course Overview

Recovery 101- (6 Hours) Attendees will understand general definitions of recovery and understand multiple pathways to recovery and the need for comprehensive care & support.

Developing a Recovery Orientation - Key concepts in a Recovery Focused Service System (6 Hours): Attendees will develop insight into the Recovery Movement, the development of recovery capital, stages of change and multiple pathways of recovery

Engaging To Support Recovery – (6 Hours) Attendees will consider collaborative strategies to support multiple pathways, use techniques that encourage openness and recognize cultural elements that affect communications and alliance with person served.

Peer-based Recovery Support Services – (6 Hours) Attendees will explore a comprehensive examination of Recovery Support Services, including current tools and methodologies related to recovery support services.

Ethics and Boundaries for Peer Providers – (6 Hours) Attendees will gain an overview of ethical guidelines and examine common ethical mistakes made during the delivery of services and the professional code of ethics.

Recovery Planning from Theory to Action – (6 Hours) Attendees will gain insight into the inherent strengths of persons served using the four dimensions of recovery, the therapeutic alliance and building resilience fostering engagement through recovery planning.

Recovery Support from a Family Orientation Family Dynamics, Substance Misuse, Addiction & Recovery (6 hours): Attendees will learn about the severe impact on families, loved ones, and individuals close to a person who is chemically dependent.

Healing the Stigma of Addiction – (6 Hours) Attendees will gain insight into SUD stigma considered by the World Health Organization to be the most stigmatized condition globally and strategies to reduce stigma.

Getting Crispy to Self-Care & Resiliency – (3 Hours) Attendees will learn about potential risks related to human service work in general and peer work specifically in relation to burn out, secondary trauma and self-care and resiliency.

Establishing Psychological Safety, Self-Care & Resiliency The Vital Foundation for Effective Care – (3 hours) Attendees will consider Psychological Safety (PS) and its important in work settings, concepts of parallel processes and wellness from a systems perspective.

Beyond Pathology: A Common Vision of Recovery – (6 Hours) attendees will compare the common aspects and differences relative to the recovery process for addiction and mental illness and gain insight into a recovery / strengths orientation.

Trainings available to groups to schedule at \$1,000 per session / \$10,000 for entire series

Contact PRO-A at 717-545-8929 or at Proa.Asst@pro-a.org to schedule a Peer Recovery Support Specialist (PRSS) Series